

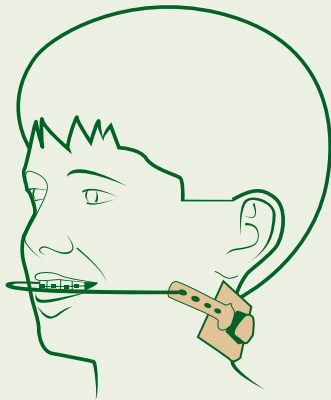
HEADGEAR

WEARING YOUR HEADGEAR

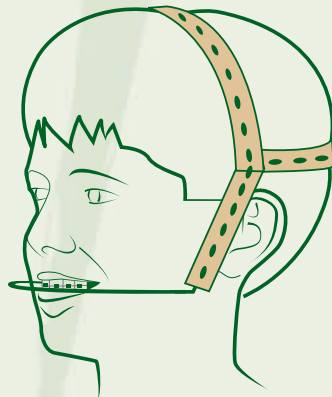
The more headgear is worn, the faster the teeth move. Drs. Karr & Blackman will recommend the correct number of hours. Usually it is worn 12-14 hours each day. If it is not worn enough on one day, the time must be made up on the next. Once headgear treatment is started, it must be continuously adhered to in order to produce a successful treatment result. **THE KEY TO SUCCESS WITH YOUR HEADGEAR IS CONSISTENCY.**

HOW IT WORKS

By using the neck or head as an anchor, the straps produce a steady pressure that gradually aligns the protruding upper jaw and teeth with the lower jaw and teeth. The headgear works by slowing the growth of the upper jaw, allowing the lower jaw time to catch up. It is also used to create space by moving the upper molars back.



CERVICAL HEADGEAR



HIGH-PULL HEADGEAR

PARTS

Headgear has two parts: a soft strap with springs or loaded straps attached to it, and a metal part called a facebow, that fits into the bands or onto the archwires.

WHEN TO REMOVE HEADGEAR

The headgear is not to be worn during meals, active sports or while brushing your teeth.

TAKING CARE OF IT

Make sure to put the headgear in a place where it won't be stepped on or lost. Brush with a toothbrush to keep it clean and shiny. The strap can be washed in cold, soapy water.

IF IT HURTS OR BREAKS

Call the office to arrange an appointment to adjust or repair it, as the fit changes with time. If your headgear is lost or damaged beyond repair, there may be a replacement charge.

A FINAL THOUGHT

The patient is in total control of this part of the treatment. Drs. Karr & Blackman have designed the treatment to proceed in a careful manner, and it is dependent upon each patient's cooperation for success.

BRING YOUR HEADGEAR TO THE OFFICE FOR EACH APPOINTMENT!

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